

# FIFTH SUNDAY AFTER THE EPIPHANY

February 4, 2024 – 9:30 a.m.

**Prelude** “Renew Me, O Eternal Light” by J.G. Walther  
“Oh That I Had a Thousand Voices” by Paul Manz

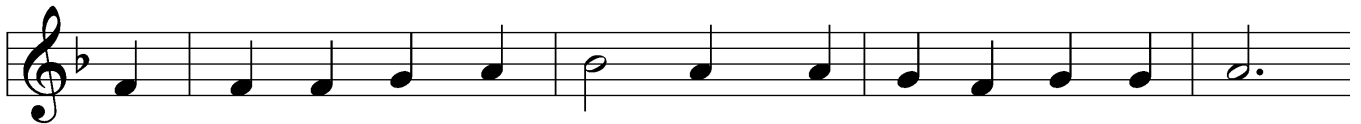
Confession and Absolution

**Hymn of Invocation: “Hail to the Lord’s Anointed”**

LSB 398



1 Hail to the Lord’s a - noint - ed, Great Da - vid’s great - er Son!  
2 He comes with res - cue speed - y To those who suf - fer wrong,  
3 He shall come down like show - ers Up - on the fruit - ful earth;  
4 Kings shall fall down be - fore Him And gold and in - cense bring;  
5 O’er ev - ’ry foe vic - to - rious, He on His throne shall rest,



Hail, in the time ap - point - ed, His reign on earth be - gun!  
To help the poor and need - y And bid the weak be strong;  
Love, joy, and hope, like flow - ers, Spring in His path to birth.  
All na - tions shall a - dore Him, His praise all peo - ple sing.  
From age to age more glo - rious, All bless - ing and all - blest.



He comes to break op - pres - sion, To set the cap - tive free,  
To give them songs for sigh - ing, Their dark - ness turn to light,  
Be - fore Him on the moun - tains Shall peace, the her - ald, go;  
To Him shall prayer un - ceas - ing And dai - ly vows as - cend;  
The tide of time shall nev - er His cov - e - nant re - move;



To take a - way trans - gres - sion And rule in eq - ui - ty.  
Whose souls, con - demned and dy - ing, Were pre - cious in His sight.  
And righ - teous - ness in foun - tains From hill to val - ley flow.  
His king - dom still in - creas - ing, A kingdom with - out end.  
His name shall stand for - ev - er— That name to us is Love.

Text: James Montgomery, 1771–1854, alt.

Tune: Leonhart Schröter, c. 1532–c. 1601

Text and tune: Public domain

**P** In the name of the Father and of the  $\text{✠}$  Son and of the Holy Spirit.

**C** Amen.

**P** If we say we have no sin, we deceive ourselves, and the truth is not in us.  
**C** **But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.**

**P** Let us then confess our sins to God our Father.  
**C** **Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We justly deserve Your present and eternal punishment. For the sake of Your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in Your will and walk in Your ways to the glory of Your holy name. Amen.**

**P** Almighty God in His mercy has given His Son to die for you and for His sake forgives you all your sins. As a called and ordained servant of Christ, and by His authority, I therefore forgive you all your sins in the name of the Father and of the  $\text{✠}$  Son and of the Holy Spirit.

**C** **Amen.**

### Service of the Word

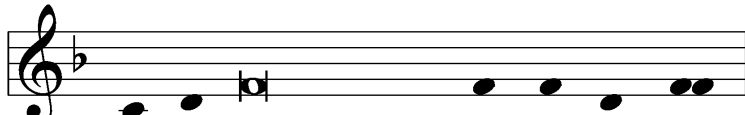
#### Introit

*Psalm 13:3–5; antiphon: v. 6*

*(The congregation will chant the verses in **bold**.)*



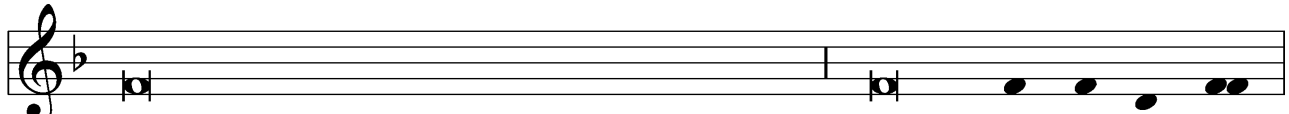
I will sing | to the LORD,\*  
because he has dealt bountifully | with me.  
**Consider and answer me, O | LORD my God;\***  
**light up my eyes, lest I sleep the | sleep of death,**  
lest my enemy say, “I have prevailed | over him,”\*  
lest my foes rejoice because I am | shaken.  
**But I have trusted in your | steadfast love;\***  
my heart shall rejoice in your sal- | vation.  
**Glory be to the Father and | to the Son\***  
**and to the Holy | Spirit;**  
**as it was in the be- | ginning,\***  
**is now, and will be forever. | Amen.**  
I will sing | to the LORD,\*  
because he has dealt bountifully | with me.



**A** In peace let us pray to the Lord.



**C** Lord, have mer - cy.



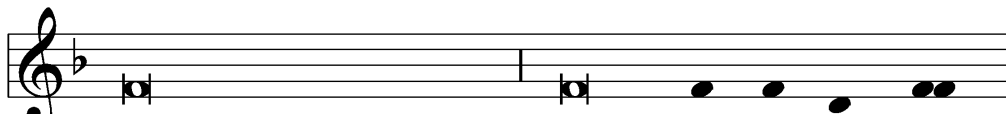
**A** For the peace from above and for our salvation let us pray to the Lord.




**C** Lord, have mer - cy.



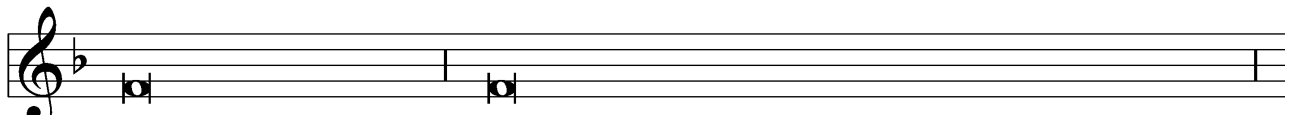
**A** For the peace of the whole world, for the well-being of the Church of God,



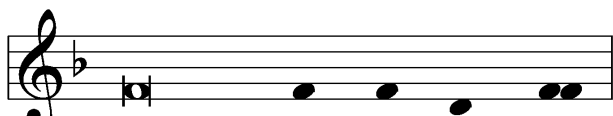
and for the unity of all let us pray to the Lord.



**C** Lord, have mer - cy.



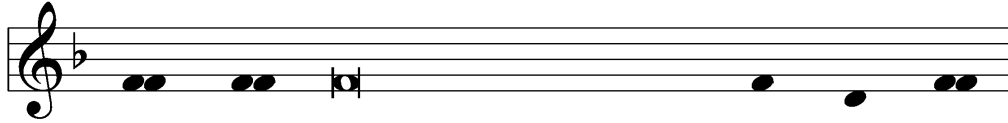
**A** For this holy house and for all who offer here their worship and praise



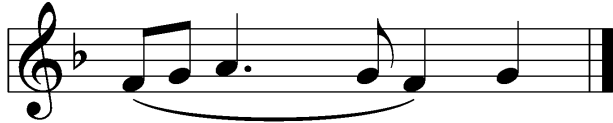
let us pray to the Lord.



**C** Lord, have mer - cy.



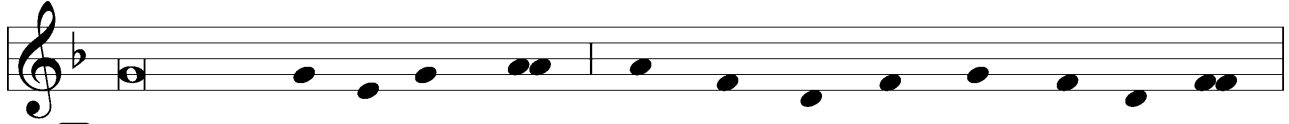
**A** Help, save, comfort, and defend us, gra - cious Lord.



**C** A - men.

**Gloria in Excelsis**

*LSB 154*



**A** Glory to God in the highest, and peace to His peo - ple on earth.



**C** Lord God, heav-en-ly king, al-might-y God and Fa - ther:



We wor-ship You, we give You thanks, we praise You for Your glo-ry.



Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God:



You take a - way the sin of the world; have mer-cy on us.



You are seat-ed at the right hand of the Fa-ther; re-ceive our prayer.

For You a-lone are the Ho-ly One, You a-lone are the Lord,  
 You a-lone are the Most High, Je-sus Christ, with the Ho-ly Spir-it,  
 in the glo-ry of God the Fa-ther. A-men.

**Salutation and Collect of the Day**

*Epiphany 5*

**P** The Lord be with you.

**C** And also with you.

**P** Let us pray.

O Lord, keep Your family the Church continually in the true faith that, relying on the hope of Your heavenly grace, we may ever be defended by Your mighty power; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C** Amen.

**Old Testament Reading**

*Isaiah 40:21–31*

Do you not know? Do you not hear? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to dwell in; who brings princes to nothing, and makes the rulers of the earth as emptiness. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows on them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, that I should be like him? says the Holy One. Lift up your eyes on high and see: who created these? He who brings out their host by number, calling them all by name, by the greatness of his might, and because he is strong in power not one is missing. Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the LORD, and my right is disregarded by my God”? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

**A** This is the Word of the Lord.

**C** Thanks be to God.

## Psalm

*Psalm 147:1–11; antiphon: v. 5*

*(The congregation will chant the verses in **bold**.)*



Great is our Lord, and abun- | dant in power;\*  
his understanding is beyond | measure.

**Praise the LORD!**

**For it is good to sing praises | to our God;\***  
**for it is pleasant, and a song of praise is | fitting.**

The LORD builds up Je- | rusalem;\*  
he gathers the outcasts of | Israel.

**He heals the broken- | hearted\*  
and binds | up their wounds.**

He determines the number | of the stars;\*  
he gives to all of | them their names.

**Great is our Lord, and abun- | dant in power;\***  
**his understanding is beyond | measure.**

The LORD lifts up the | humble;\*  
he casts the wicked | to the ground.

**Sing to the LORD with thanks- | giving;\***  
**make melody to our God | on the lyre!**

He covers the heavens with clouds;  
he prepares rain | for the earth;\*  
he makes grass grow | on the hills.

**He gives to the | beasts their food,\*  
and to the young ravens | that cry.**

His delight is not in the strength | of the horse,\*  
nor his pleasure in the legs | of a man,

**but the LORD takes pleasure in those who | fear him,\*  
in those who hope in his | steadfast love.**

**Glory be to the Father and | to the Son\*  
and to the Holy | Spirit;  
as it was in the be- | ginning,\***

**is now, and will be forever. | Amen.**

Great is our Lord, and abun- | dant in power;\*  
his understanding is beyond | measure.

## Epistle

*1 Corinthians 9:16–27*

If I preach the gospel, that gives me no ground for boasting. For necessity is laid upon me. Woe to me if I do not preach the gospel! For if I do this of my own will, I have a reward, but not of my own will, I am still entrusted with a stewardship. What then is my reward? That in my preaching I may present the gospel free of charge, so as not to make full use of my right in the gospel. For though I am free from all, I have made myself a servant to all, that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though not being myself under the law) that I might win those under the law. To those outside the law I became as one outside the law (not being outside the law of God but under the law of Christ) that I might win those outside the law. To the weak I became weak, that I might win the weak. I have become all things to all people, that by all means I might save some. I do it all for the sake of the gospel, that I may share with them in its

blessings. Do you not know that in a race all the runners compete, but only one receives the prize? So run that you may obtain it. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

- A** This is the Word of the Lord.
- C** Thanks be to God.

### Common Alleluia and Verse

LSB 156

**C** Al - le - lu - ia. Lord, to whom shall we go? You have the  
words of e - ter - nal life. Al - le - lu - ia, al - le - lu - ia.

### Holy Gospel

Mark 1:29–39

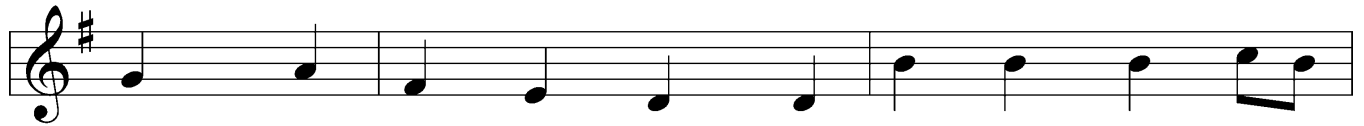
- P** The Holy Gospel according to St. Mark, the first chapter.
- C** Glory to You, O Lord.

Immediately [Jesus] left the synagogue and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law lay ill with a fever, and immediately they told him about her. And he came and took her by the hand and lifted her up, and the fever left her, and she began to serve them. That evening at sundown they brought to him all who were sick or oppressed by demons. And the whole city was gathered together at the door. And he healed many who were sick with various diseases, and cast out many demons. And he would not permit the demons to speak, because they knew him. And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. And Simon and those who were with him searched for him, and they found him and said to him, "Everyone is looking for you." And he said to them, "Let us go on to the next towns, that I may preach there also, for that is why I came out." And he went throughout all Galilee, preaching in their synagogues and casting out demons.

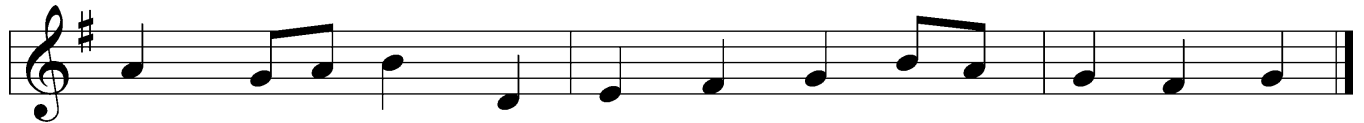
- P** This is the Gospel of the Lord.
- C** Praise to You, O Christ.



1 When to our world the Sav - ior came The sick and  
 2 That good phy - si - cian! Night and day The peo - ple  
 3 His prais - es then were heard and sung By o - pened  
 4 Of long a - go: yet liv - ing still, Who died for  
 5 His sov - 'reign pur - pose still re - mains Who rose in



help - less heard His name, And in their weak - ness  
 thronged a - bout His way; And won - der ran from  
 ears and loos - ened tongue, While light - ened eyes could  
 us on Cal - v'ry's hill; Who tri - umphed o - ver  
 pow'r, and lives and reigns; Till ev - 'ry tongue con -



longed to see The heal - ing Christ of Gal - i - lee.  
 soul to soul, "The touch of Christ has made us whole!"  
 see and know The heal - ing Christ of long a - go.  
 cross and grave, His heal - ing hands stretched forth to save.  
 fess His praise, The heal - ing Christ of all our days.

Text: Timothy Dudley-Smith, 1926

Tune: Robert Schumann, 1810-56

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## Sermon

### Apostles' Creed

**☐ I believe in God, the Father Almighty,  
 maker of heaven and earth.**

**And in Jesus Christ, His only Son, our Lord,  
 who was conceived by the Holy Spirit,  
 born of the virgin Mary,  
 suffered under Pontius Pilate,  
 was crucified, died and was buried.  
 He descended into hell.  
 The third day He rose again from the dead.  
 He ascended into heaven  
 and sits at the right hand of God the Father Almighty.  
 From thence He will come to judge the living and the dead.**



I believe in the Holy Spirit,  
the holy Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life † everlasting. Amen.

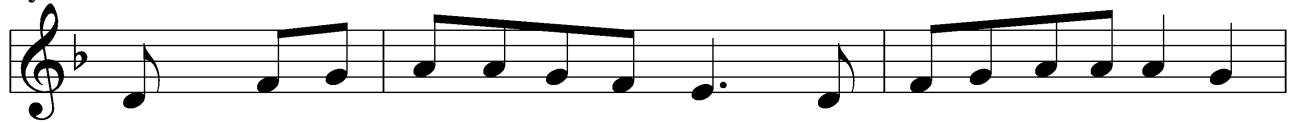
## Prayer of the Church

### Offering Prelude on "Praise the One Who Breaks the Darkness" by Charles Callahan

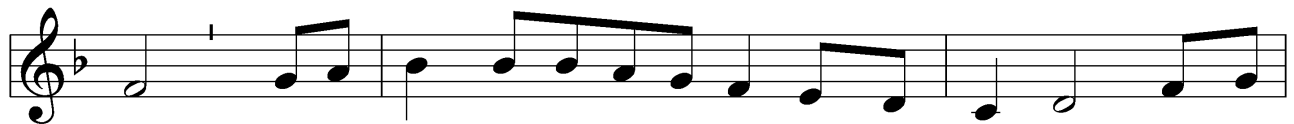
*We offer our gifts to the Lord as we use this time in our service for contemplation and preparation for the sacrament of communion. Offerings can be placed in the plates at the back entrance doors as you enter the sanctuary, or as the offering plates are passed at this time.*

### Offertory

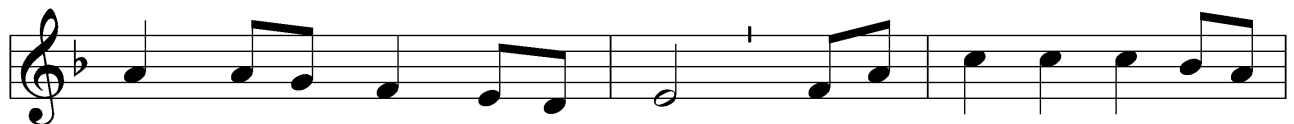
LSB 159



**C** What shall I ren-der to the Lord for all His ben-e-fits to



me? I will of - fer the sac-ri-fice of thanks-giv - ing and will



call on the name of the Lord. I will take the cup of sal-



va - tion and will call on the name of the Lord. I will pay my



vows to the Lord now in the pres-ence of all His peo-ple, in the



courts of the Lord's house, in the midst of you, O Je - ru - sa - lem.

**P** The Lord be with you.

**C** And al - so with you.

**P** Lift up your hearts.

**C** We lift them to the Lord.

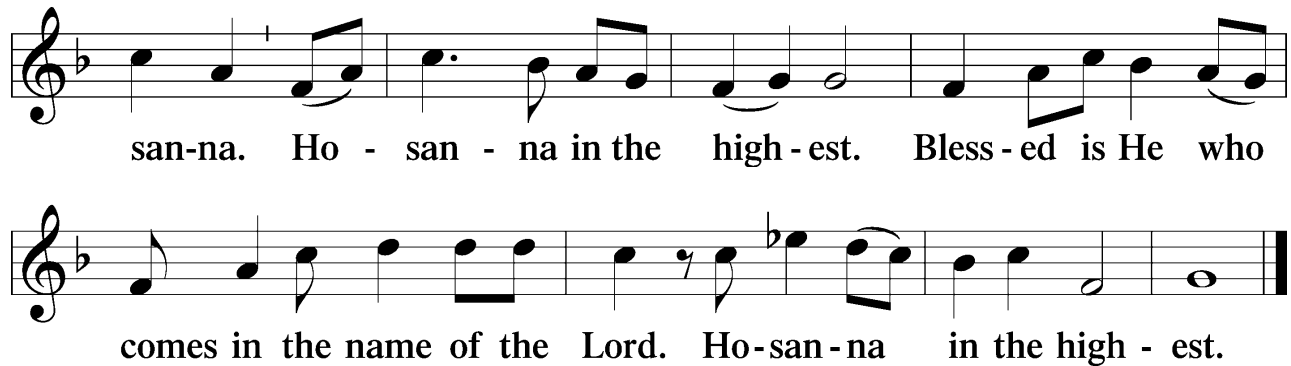
**P** Let us give thanks to the Lord our God.

**C** It is right to give Him thanks and praise.

**P** It is truly good, right, and salutary... Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and saying:

**C** Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might:

Heav-en and earth are full of Your glo - ry. Ho - san-na. Ho -



### Prayer of Thanksgiving

*LSB 161*

**P** Blessed are You, Lord of heaven and earth, for You have had mercy on those whom You created and sent Your only-begotten Son into our flesh to bear our sin and be our Savior. With repentant joy we receive the salvation accomplished for us by the all-availing sacrifice of His body and His blood on the cross.

Gathered in the name and the remembrance of Jesus, we beg You, O Lord, to forgive, renew, and strengthen us with Your Word and Spirit. Grant us faithfully to eat His body and drink His blood as He bids us do in His own testament. Gather us together, we pray, from the ends of the earth to celebrate with all the faithful the marriage feast of the Lamb in His kingdom, which has no end. Graciously receive our prayers; deliver and preserve us. To You alone, O Father, be all glory, honor, and worship, with the Son and the Holy Spirit, one God, now and forever.

**C** Amen.

### Lord's Prayer

**C** Our Father who art in heaven,  
 hallowed be Thy name,  
 Thy kingdom come,  
 Thy will be done on earth  
 as it is in heaven;  
 give us this day our daily bread;  
 and forgive us our trespasses  
 as we forgive those  
 who trespass against us;  
 and lead us not into temptation,  
 but deliver us from evil.  
 For Thine is the kingdom  
 and the power and the glory  
 forever and ever. Amen.

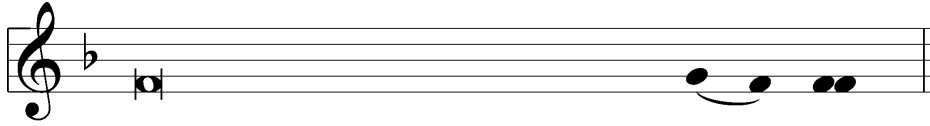
### The Words of Our Lord

*LSB 162*

**P** Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My  $\text{✠}$  body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My  $\text{✠}$  blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

**Pax Domini**



**P** The peace of the Lord be with you al - ways.

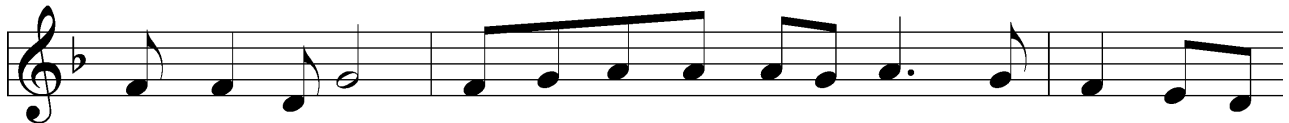


**C** A - men.

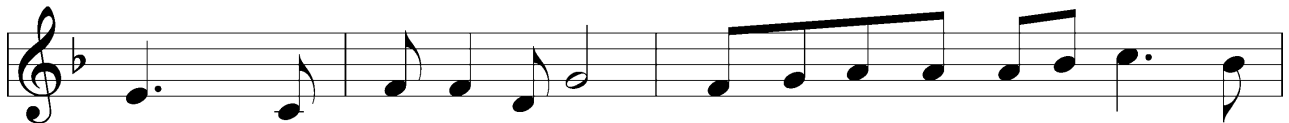
**Agnus Dei**



**C** Lamb of God, You take a - way the sin of the world; have



mer-cy on us. Lamb of God, You take a - way the sin of the



world; have mer-cy on us. Lamb of God, You take a - way the



sin of the world; grant us peace.

**Distribution**

*You are invited to receive the Lord's Supper if you believe and confess that Jesus Christ is your Savior from sin, you are a baptized child of the Triune God, and you believe that He gives you His body and blood in the bread and wine you receive. White grape juice can be found in the center of each tray for those who cannot receive alcohol. Children are welcome to come forward for a blessing. You may kneel, but it is not required.*

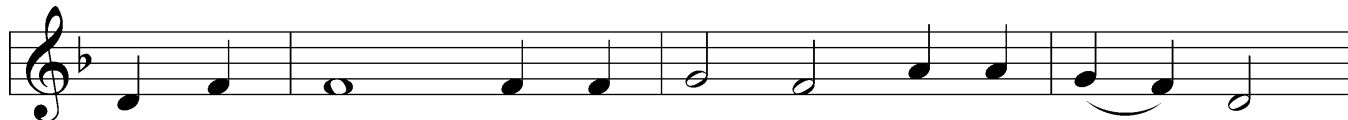
*Communion is offered in two ways: the individual cup and the common cup. If you would like the individual cup, please partake as the assistant minister passes by after Pastor gives the bread. If you would like the common cup, let the assistant minister pass by, open your hands palm up, and Pastor will return to give you the common cup.*

Distribution Hymn: "Praise the One Who Breaks the Darkness"

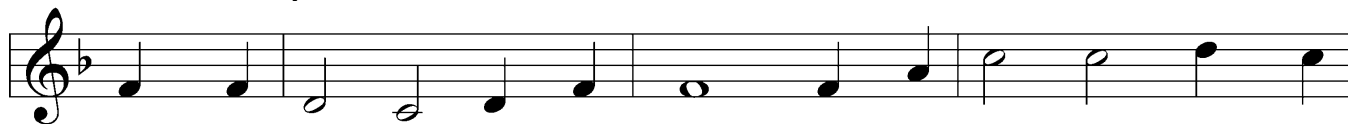
LSB 849



1 Praise the One who breaks the dark - ness With a lib - er -  
 2 Praise the One who blessed the chil - dren With a strong, yet  
 3 Let us praise the Word In - car - nate, Christ, who suf - fered



at - ing light; Praise the One who frees the pris - 'ners,  
 gen - tle, word; Praise the One who drove out de - mons  
 in our place. Je - sus died and rose vic - to - rious



Turn - ing blind - ness in - to sight. Praise the One who preached the  
 With the pierc - ing, two - edged sword. Praise the One who brings cool  
 That we may know God by grace. Let us sing for joy and



Gos - pel, Heal - ing ev - 'ry dread dis - ease, Calm - ing  
 wa - ter To the des - ert's burn - ing sand; From this  
 glad - ness, See - ing what our God has done; Let us



storms, and feed - ing thou - sands With the ver - y Bread of peace.  
 Well comes liv - ing wa - ter, Quench - ing thirst in ev - 'ry land.  
 praise the true Re - deem - er, Praise the One who makes us one.

Text: Rusty Edwards, 1955

Tune: The Sacred Harp, 1844, Philadelphia

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Tune: Public domain



1 Je - sus comes to - day with heal - ing, Knock - ing at my  
 2 Christ Him - self, the priest pre - sid - ing, Yet in bread and  
 3 Un - der bread and wine, though low - ly, I re - ceive the  
 4 God de - scends with heav'n - ly pow - er, Gives Him - self to



door, ap - peal - ing, Of - f'ring par - don, grace, and peace.  
 wine a - bid - ing In this ho - ly sac - ra - ment,  
 Sav - ior ho - ly, Blood and bod - y, giv'n for me,  
 me this hour In this or - di - nar - y sign.



He Him - self makes prep - a - ra - tion, And I hear His  
 Gives the bread of life, once bro - ken, And the cup, the  
 Ver - y Lamb of God from heav - en, Who to bit - ter  
 On my tongue His pledge re - ceiv - ing, I ac - cept His



in - vi - ta - tion: "Come and taste the bless - ed feast."  
 pre - cious to - ken Of His sa - cred cov - e - nant.  
 death was giv - en, Hung up - on the curs - ed tree.  
 grace, be - liev - ing That I taste His love di - vine.

5 Let me praise God's boundless favor,  
 Whose own feast of love I savor,  
 Bidden by His gracious call.  
 Wedding garments He provides me,  
 With a robe of white He hides me,  
 Fits me for the royal hall.

6 Now have I found consolation,  
 Comfort in my tribulation,  
 Balm to heal the troubled soul.  
 God, my shield from ev'ry terror,  
 Cleanses me from sin and error,  
 Makes my wounded spirit whole.

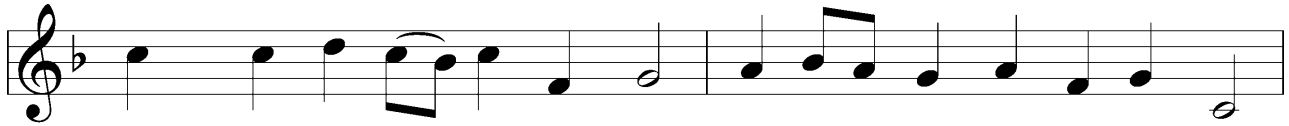
Text: Heinrich Puchta, 1808–58; tr. David W. Rogner, 1960

Tune: Johann Löhner, 1645–1705; adapt. Johann Balthasar König, 1691–1758

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Thank the Lord

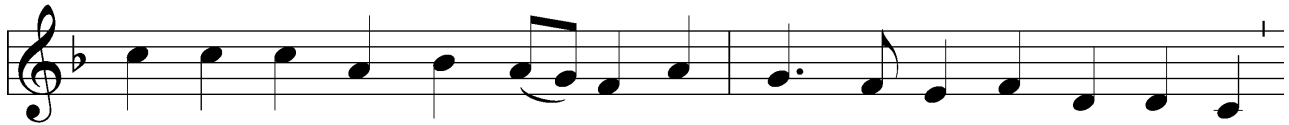
LSB 164



**C** Thank the Lord and sing His praise; tell ev-'ry-one what He has done.



Let all who seek the Lord re - jice and proud-ly bear His name.



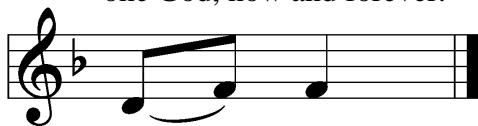
He re-calls His prom-is - es and leads His peo-ple forth in joy



with shouts of thanks-giv-ing. Al-le - lu - ia, al-le - lu - ia.

Post-Communion Collect

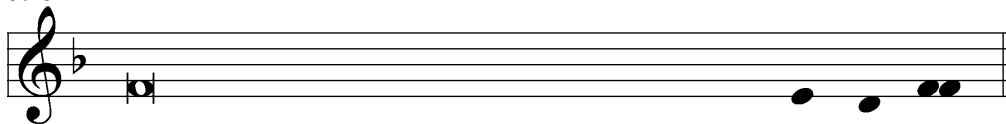
**A** Let us pray.  
... through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit,  
one God, now and forever.



**C** A - men.

Benediction

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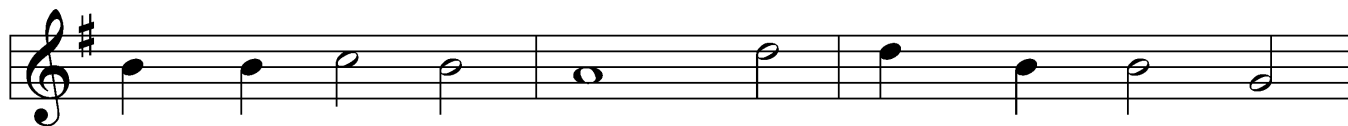
**P** The Lord bless you and keep you.  
The Lord make His face shine on you  
and be gracious to you.  
The Lord look upon you with favor and ✠ give you peace.



**C** A - men.



1 Oh, for a thou - sand tongues to sing My  
 2 My gra - cious Mas - ter and my God, As -  
 3 Je - sus! The name that charms our fears, That  
 4 He breaks the pow'r of can - celed sin; He



great Re - deem - er's praise, The glo - ries of my  
 sist me to pro - claim, To spread through all the  
 bids our sor - rows cease; 'Tis mu - sic in the  
 sets the pris - 'ner free. His blood can make the



God and King, The tri - umphs of His grace!  
 earth a - broad, The hon - ors of Thy name.  
 sin - ner's ears, 'Tis life and health and peace.  
 foul - est clean; His blood a - vails for me.

5 Look unto Him, ye nations; own  
 Your God, ye fallen race.  
 Look and be saved through faith alone,  
 Be justified by grace.

6 See all your sins on Jesus laid;  
 The Lamb of God was slain.  
 His soul was once an off'ring made  
 For ev'ry soul of man.

7 To God all glory, praise, and love  
 Be now and ever giv'n  
 By saints below and saints above,  
 The Church in earth and heav'n.

Text: Charles Wesley, 1707–88, alt.

Tune: Carl G. Gläser, 1784–1829

Text and tune: Public domain

### Postlude "In Thee Is Gladness" by David Schack

### Acknowledgments

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## ANNOUNCEMENTS

### SUNDAY SCHEDULE

Worship 9:30 a.m.

**GENEROSITY THOUGHTS:** *1 Corinthians 9:25* – “Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable.” Self-control is a fruit of the Spirit, for the desires of the flesh are at war with the desires of the Spirit. Having received new life in Christ by His grace, He now calls us to follow Him deliberately, with self-control and intention.

**MIDWEEK LENTEN SERVICES** begin on Ash Wednesday, February 14. Emmaus will have services on Wednesdays in Lent at 11:30 a.m. and 6:30 p.m.

**HELP NEEDED!** We are looking for help with meals after the 11:30 midweek Lenten services. You can help with set up, serving, preparing food or clean-up. This meal is a light lunch that often includes soup and/or sandwiches, a hot dish or any other lunch favorite. In the past, 15 - 25 people have attended the meals. Meals would be served immediately after the 11:30 Lenten service beginning on Wednesday, February 21st. A sign-up sheet is posted in the church narthex or contact Marilyn P. if you are able to help or have questions. Thanks for your help to make these meals possible. Watch for info about meals that may be served before the evening Lenten services.

**2023 GIVING STATEMENTS:** You should have received your contribution statement in the mail if your total contribution amount for 2023 is \$250 or more. Statements were mailed January 18. If your contribution to Emmaus was more than \$250 and you did not receive the statement, or you need a replacement copy of your statement, please either leave a message on the Emmaus church phone or call Nancy W. and one will be sent out as soon as possible.

**CHEX MIX:** Is your team still in the playoffs? Who will you be rooting for this year to win the Super Bowl? Make sure you have your trail mix with you for the game! The youth will be making and selling their famous trail mixes again this year. As always, this is a free will donation fundraiser. The youth use a Thrivent Action Grant to purchase 75% of the materials used for this fundraiser. That means that the majority of your donation goes straight to the youth. This year we will have the original Chex mix with and without nuts, a fruit and nut mix with and without M&M's, and puppy chow. The mixes will be available Sunday, February 4th and 11th.

**HEAR “THE LUTHERAN HOUR”** on Sunday mornings at 6:05 a.m. on WCCO 830 AM radio. Next week’s broadcast: “What Is Evangelism?” Lutheran Hour Speaker: Rev. Dr. Michael Zeigler. How do you encourage someone to receive the gift God has for them? That's what evangelism is all about. (Mark 9:7-8)

**CONCORDIA ACADEMY OPEN HOUSE:** Concordia Academy’s open house on February 8, 6:00 - 8:00 PM, gives prospective students and families a great chance to see how CA prepares high school students for life through Christ-centered academics, formative character development, and robust extracurriculars. Meet teachers and students, take a tour, learn about programs, and see if CA is the right fit. Please RSVP at [www.concordiaacademy.com/openhouse](http://www.concordiaacademy.com/openhouse).

**SUMMER CAMPS AT CONCORDIA ACADEMY:** This summer, Concordia Academy offers dozens of camps, including old favorites like Boys and Girls Basketball, CSI, G3 (Genuinely Great Girls), Dance, Playmakers (with two full-day theater camps options), and Youth Worship Team. But there are also exciting new camps, including Adventures in Prose (a creative writing camp), Beacon Archery, and Young Scientists (for Grades 2-4). Get details and register at [www.concordiaacademy.com/camps](http://www.concordiaacademy.com/camps).

## February 6<sup>th</sup> Emmaus Generations

Regardless of your age or circumstances, it is important to outline your values and preferences by drawing up an Advance Directive (a written tool used to guide health care decisions when an individual is unable to do so because of a medical condition).

During the February Generations, Kjersti D., MSW, will provide information regarding Minnesota Health Care Directives. Pastor Kooi will also provide materials from the church, to assist members in outlining their preferences for funeral services (i.e. preferred hymns, scripture, etc.).

As a service project, participants will put together Baskets of Care for individuals and families served by the ministry of Our Lady of Peace Hospice in Saint Paul. Please join us on Tuesday, February 6<sup>th</sup> at 11:30 a.m.

## Food Shelf Donations

On January 26, we donated another 57 pounds of food to Keystone Community Services. This included a lot of paper goods and light weight items, so the 57 pounds doesn't reflect heavy canned good donations. In this case it reflects a large toilet paper and paper towel donation, two bags of flour, two bottles of canola oil, and multiple tea packet packages. These items were all gone within minutes of when the food shelf opened. These items are rarely on the food shelves, and I want to encourage you to donate them in the future.

Thank you for all of your contributions, they are all greatly appreciated, but I want to emphasize that the items mentioned above are rarely seen on the Keystone Food Shelf shelves.

I also want to note that that for some reason most vegetable canned goods donated or purchased by the food shelf are green beans. There is almost always a shortage of corn, creamed corn, carrots, peas, beets, etc.

I also want to emphasize that Emmaus donations have looked very good. Some donations from others that I go through include severely dented cans, or products with expired sale dates that we can't put on the shelves. Thank you for contributing food that is safe and healthy for the people we are trying to help. -Ken N

### **THIS WEEK AT EMMAUS:**

Today: 9:30 a.m. Worship

10:30 a.m. Bible Study

Mon: 1 p.m. LifeLight (GR)

Tues: 10 a.m. Worship Meeting (GR)

11:30 a.m. Emmaus Generations (SH)

Wed: Bulletin Deadline

1:30 p.m. Bible Study

7 p.m. Confirmation Class

Thurs: 1 p.m. Emmaus Quilters (SH)

4-9 p.m. Quilting Queens (SH)

Fri: Office closed – call Pastor in emergencies

Quilting Queens (SH)

Sat: Quilting Queens (SH)

12-5 p.m. Organist Rehearsal

Next Sunday: 9:30 a.m. Worship

10:30 a.m. Bible Study

**SERVING OUR WORSHIP SERVICE TODAY:**

PASTOR: Rev. Nick Kooi

ALTAR GUILD: Christine S

ORGANIST: Rebecca F

SOUND TECH: Todd P

VIDEO TECH: Don V

WORSHIP ASSISTANT: Mark G

USHERS: Gary B, Greg W

COUNTERS: Gary B, Roxann M

LECTOR: Jeena V

GREETER: Jan N

ACOLYTE: Micah G