# THE SECOND SUNDAY IN LENT

March 5, 2023 - 9:30 a.m.

**Prelude** "Jesus, Refuge of the Weary" by Jan Bender "Chief of Sinners Though I Be" by Richard Redhead

#### Confession and Absolution



Text: William McComb, 1793–1873, alt. Tune: Richard Redhead, 1820–1901

Text and tune: Public domain

- **P** In the name of the Father and of the 

  → Son and of the Holy Spirit.
- C Amen.
- **P** Our help is in the name of the Lord,
- who made heaven and earth.
- **P** If You, O Lord, kept a record of sins, O Lord, who could stand?
- **B**ut with You there is forgiveness; therefore You are feared.
- Since we are gathered to hear God's Word, call upon Him in prayer and praise, and receive the body and blood of our Lord Jesus Christ in the fellowship of this altar, let us first consider our unworthiness and confess before God and one another that we have sinned in thought, word, and deed, and that we cannot free ourselves from our sinful condition. Together as His people let us take refuge in the infinite mercy of God, our heavenly Father, seeking His grace for the sake of Christ, and saying: God, be merciful to me, a sinner.
- Almighty God, have mercy upon us, forgive us our sins, and lead us to everlasting life. Amen.
- Almighty God, merciful Father, in Holy Baptism You declared us to be Your children and gathered us into Your one, holy Church, in which You daily and richly forgive us our sins and grant us new life through Your Spirit. Be in our midst, enliven our faith, and graciously receive our prayer and praise; through Your Son, Jesus Christ, our Lord.
- C Amen.

Service of the Word

#### **Introit**

Psalm 105:4-7; antiphon: v. 8



He remembers his covenant for- | ever.\*

the word that he commanded, for a thousand gener- ations.

Seek the LORD | and his strength;\*

seek his presence con- | tinually!

Remember the wondrous works that he has done,\*

his miracles, and the judgments he uttered,

O offspring of Abraham, his | servant,\*

children of Jacob, his | chosen ones!

He is the LORD our God;\*

his judgments are in all the earth.

Glory be to the Father and | to the Son\*

and to the Holy | Spirit;

as it was in the be- | ginning,\*

is now, and will be forever. | Amen.

He remembers his covenant for- | ever,\*

the word that he commanded, for a thousand gener- | ations.

**Kyrie** 



C Lord, have mer-cy; Christ, have mer-cy; Lord, have mer-cy.

Salutation and Collect of the Day

Lent 2

- **P** The Lord be with you.
- **C** And also with you.
- Let us pray. O God, You see that of ourselves we have no strength. By Your mighty power defend us from all adversities that may happen to the body and from all evil thoughts that may assault and hurt the soul; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.
- C Amen.

First Reading Genesis 12:1–9

The LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. I will bless those who bless you, and him who dishonors you I will curse, and in you all the families of the earth shall be blessed." So Abram went, as the LORD had told him, and Lot went with him. Abram was seventy-five years old when he departed from Haran. And Abram took Sarai his wife, and Lot his brother's son, and all their possessions that they had gathered, and the people that they had acquired in Haran, and they set out to go to the land of Canaan. When they came to the land of Canaan, Abram passed through the land to the place at Shechem, to the oak of Moreh. At that time the Canaanites were in the land. Then the LORD appeared to Abram and said, "To your offspring I will give this land." So he built there an altar to the LORD, who had appeared to him. From there he moved to the hill country on the east of Bethel and pitched his tent, with Bethel on the west and Ai on the east. And there he built an altar to the LORD and called upon the name of the LORD. And Abram journeyed on, still going toward the Negeb.

**A** This is the Word of the Lord.

**C** Thanks be to God.

Psalm 121; antiphon: v. 8

(The congregation will chant the verses in **bold**.)



The LORD will keep

your going out and your | coming in\* from this time forth and for- | evermore.

I lift up my eyes | to the hills.\*

From where does my | help come?

My help comes | from the LORD,\* who made | heaven and earth.

He will not let your | foot be moved;\*
he who keeps you will not | slumber.
Behold, he who keeps | Israel\*
will neither slum- | ber nor sleep.

The LORD is your | keeper;\*
the LORD is your shade on your | right hand.
The sun shall not strike | you by day.\*

nor the moon by night.

The LORD will keep you from all | evil;\* he will | keep your life.

The LORD will keep your going out and your | coming in\* from this time forth and for- | evermore.

Glory be to the Father and | to the Son\*
and to the Holy | Spirit;
as it was in the be- | ginning,\*
is now, and will be forever. | Amen.
The LORD will keep
your going out and your | coming in\*
from this time forth and for- | evermore.

**Epistle** *Romans 4:1–8, 13–17* 

What then shall we say was gained by Abraham, our forefather according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the Scripture say? "Abraham believed God, and it was counted to him as righteousness." Now to the one who works, his wages are not counted as a gift but as his due. And to the one who does not work but trusts him who justifies the ungodly, his faith is counted as righteousness, just as David also speaks of the blessing of the one to whom God counts righteousness apart from works: "Blessed are those whose lawless deeds are forgiven, and whose sins are covered; blessed is the man against whom the Lord will not count his sin." ... For the promise to Abraham and his offspring that he would be heir of the world did not come through the law but through the righteousness of faith. For if it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath, but where there is no law there is no transgression. That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his offspring—not only to the adherent of the law but also to the one who shares the faith of Abraham, who is the father of us all, as it is written, "I have made you the father of many nations"—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

- This is the Word of the Lord.
- **C** Thanks be to God.

Holy Gospel John 3:1–17

- P The Holy Gospel according to St. John, the third chapter.
- Glory to You, O Lord.

Now there was a man of the Pharisees named Nicodemus, a ruler of the Jews. This man came to Jesus by night and said to him, "Rabbi, we know that you are a teacher come from God, for no one can do these signs that you do unless God is with him." Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God." Nicodemus said to him, "How can a man be born when he is old? Can he enter a second time into his mother's womb and be born?" Jesus answered, "Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, 'You must be born again.' The wind blows where it wishes, and you hear its sound, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you the teacher of Israel and yet you do not understand these things? Truly, truly, I say to you, we speak of what we know, and bear witness to what we have seen, but you do not receive our testimony. If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things? No one has ascended into heaven except he who descended from heaven, the Son of Man. And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him."

- **P** This is the Gospel of the Lord.
- Praise to You, O Christ.

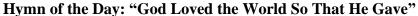
## **Apostles' Creed**

I believe in God, the Father Almighty, maker of heaven and earth.

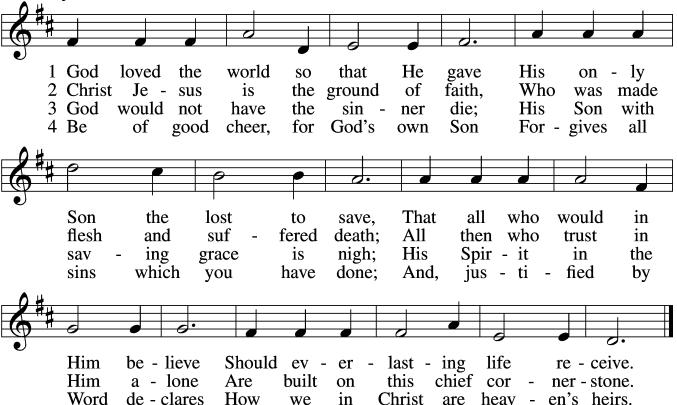
And in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell.
The third day He rose again from the dead.
He ascended into heaven
and sits at the right hand of God the Father Almighty.
From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life 

→ everlasting. Amen.



LSB 571



Bap - tism

grants

the

high

est good.

5 If you are sick, if death is near,
This truth your troubled heart can cheer:
Christ Jesus saves your soul from death;
That is the firmest ground of faith.

sus' blood,

Your

△ 6 Glory to God the Father, Son, And Holy Spirit, Three in One! To You, O blessèd Trinity, Be praise now and eternally!

Text: Heiliges Lippen- und Hertzens-Opffer, c. 1778, Stettin; tr. August Crull, 1845–1923, alt.

Tune: George J. Elvey, 1816–93 Text and tune: Public domain

## Sermon "Bouncing Back" John 3:1-16

- I. Bounce Back Toys
- II. Nicodemus at Night (3:1-2)
  - Who is Nicodemus, and what did he believe?
  - What does "night" indicate?
- III. The Conversation (3:3-8)
  - How many times does Jesus use the word "born"? What is His point?
  - Where are you born again?
  - Luther says...
    - o Baptism "works forgiveness of sins, rescues from death and the devil, and gives eternal salvation to all who believe this, as the words and promises of God declare".
    - o He writes in the Large Catechism, "There is no work done here by us, but a treasure, which God gives us and faith grasps".
    - o "Here in Baptism there is freely brought to everyone's door such a treasure and medicine that it utterly destroys death and preserves all people alive".
- IV. Bouncing Back (3:9-16)
  - "Whoever believes"
  - Buying a castle

### **Prayer of the Church**

#### "Cross" Reference

Pastor: One of the original purposes for the Lutheran Confessions was to respond to questions about what Lutherans believed, taught, and confessed regarding Christian doctrines. The Apology of the Augsburg Confession addresses the teaching about the sufficiency of the sacrificial death of our Lord Jesus Christ in this way: "We teach that the sacrifice of Christ dying on the cross has been enough for the sins of the whole world. There is no need for other sacrifices, as though Christ's sacrifice were not enough for our sins. So people are justified not because of any other sacrifices, but because of this one sacrifice of Christ, if they believe that they have been redeemed by this sacrifice." The hymn "Cross of Jesus, Cross of Sorrow" shows this point well. On the cross, we see what God in Christ has done for us and for our salvation.

### Hymn "Cross of Jesus, Cross of Sorrow" LSB 428

- 1 Cross of Jesus, cross of sorrow,
  Where the blood of Christ was shed,
  Perfect man on thee did suffer,
  Perfect God on thee has bled!
- Here the King of all the ages,
   Throned in light ere worlds could be,
   Robed in mortal flesh is dying,
   Crucified by sin for me.
- 3 O mysterious condescending! O abandonment sublime! Very God Himself is bearing All the sufferings of time!

4 Cross of Jesus, cross of sorrow,

Where the blood of Christ was shed,

Perfect man on thee did suffer,

Perfect God on thee has bled!

Text: Public domain

## Offering "O Lord, Throughout these Forty Days" by Kevin Sadowski

We offer our gifts to the Lord as we use this time in our service for contemplation and preparation for the sacrament of communion. Offerings can be placed in the plates at the back entrance doors as you leave the sanctuary.

#### Service of the Sacrament

Preface LSB 208

- **P** The Lord be with you.
- **C** And also with you.
- **P** Lift up your hearts.
- **C** We lift them to the Lord.
- **P** Let us give thanks to the Lord our God.
- It is right to give Him thanks and praise.
- It is truly good, right, and salutary... Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and saying:

Sanctus LSB 208





Heav'n and earth with full ac-claim shout the glo-ry of Your name.



Sing ho - san-na in the high-est, sing ho-san-na to the Lord;



Tru - ly blest is He who comes in the name of the Lord!

Text: Stephen P. Starke

## **Prayer of Thanksgiving**

Blessed are You, O Lord our God, king of all creation, for You have had mercy on us and given Your only-begotten Son that whoever believes in Him should not perish but have eternal life.

. . .

Hear us as we pray in His name and as He has taught us:

### Lord's Prayer

Our Father who art in heaven,
hallowed be Thy name,
Thy kingdom come,
Thy will be done on earth
as it is in heaven;
give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For Thine is the kingdom
and the power and the glory
forever and ever. Amen.

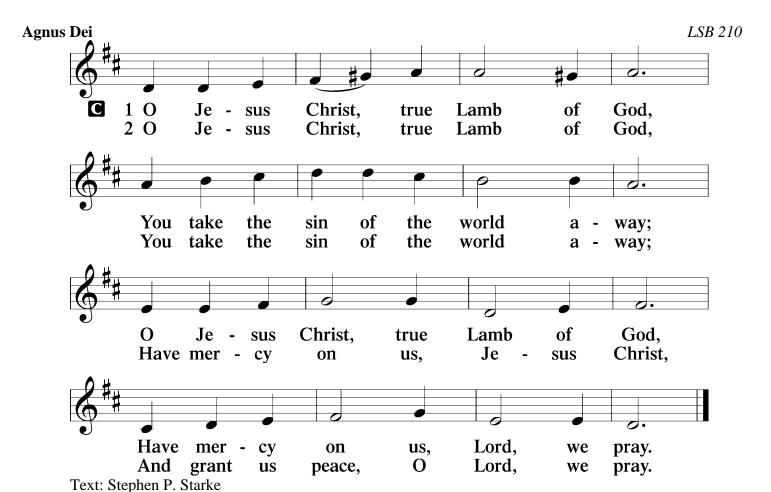
## The Words of Our Lord

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My + body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My + blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

Pax Domini LSB 209

- The peace of the Lord be with you always.
- C Amen.



### **Distribution**

You are invited to receive the Lord's Supper if you believe and confess that Jesus Christ is your Savior from sin, you are a baptized child of the Triune God, and you believe that He gives you His body and blood in the bread and wine you receive. White grape juice can be found in the center of each tray for those who cannot receive alcohol. Children are welcome to come forward for a blessing. You may kneel, but it is not required.



Lord, may Thy bod-y and Thy blood Be for my soul the high-est good!

Text: Friedrich Christian Heyder, 1677–1754; tr. The Lutheran Hymnal, 1941, abr.

Tune: Emskirchner Choral-Buch, 1756, Leipzig

Text: © 1941 Concordia Publishing House. Used by permission: LSB Hymn License

Tune: Public domain



- 1 Not of slain all the blood beasts On Jew - ish al - tars 2 But Christ, the heav'n - ly Lamb, Takes all our sins a - way;
- 3 My faith would lay its hand On that dear head of Thine,
- 4 My soul looks back to see The bur-den Thou didst bear
- 5 Be liev ing, we re joice To see the curse re move;



Could give the guilt - y con-science peace Or wash a - way the stain.

A sac - ri - fice of no - bler name And rich - er blood than they.

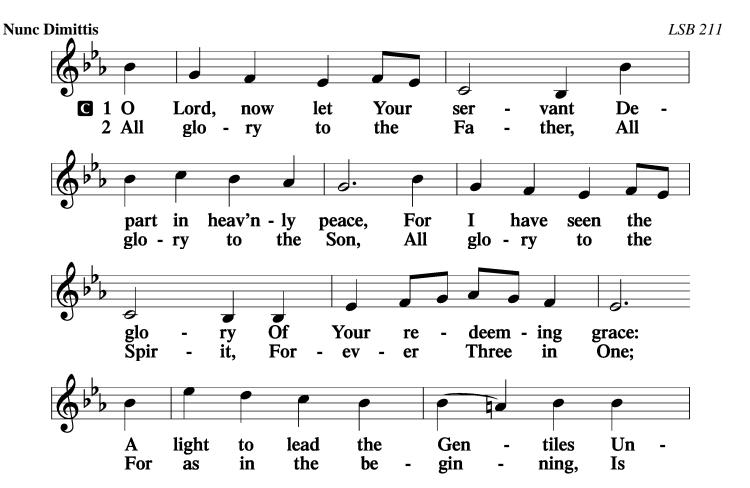
While as a pen - i - tent I stand, And there con - fess my sin.

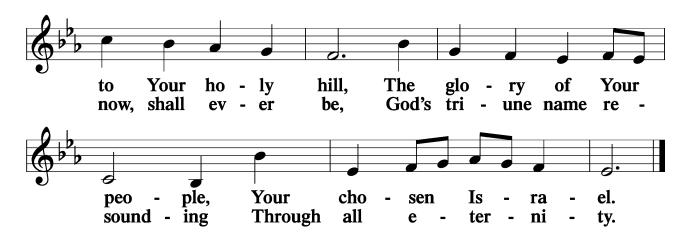
When hang-ing on the curs - ed tree; I know my guilt was there.

We bless the Lamb with cheer - ful voice And sing His bleed-ing love.

Text: Isaac Watts, 1674–1748, alt. Tune: William Daman, c. 1540–1591

Text and tune: Public domain





### **Post-Communion Collect**

- Let us pray. ...through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.
- C Amen.

Benedicamus LSB 212

**A** Let us bless the Lord.

**C** Thanks be to God.

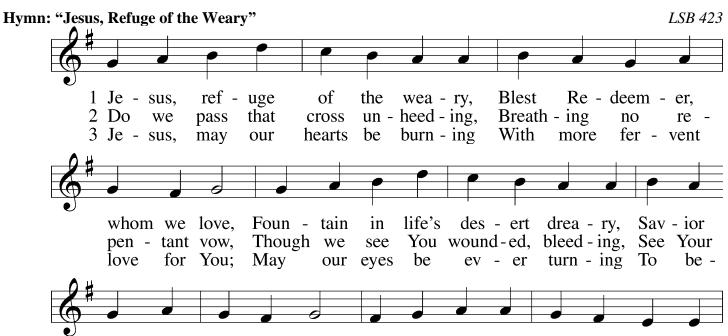
Benediction LSB 212

The Lord bless you and keep you.

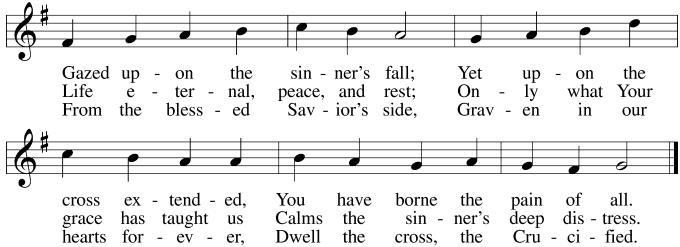
The Lord make His face shine on you and be gracious to you.

The Lord look upon you with favor and + give you peace.

C Amen.



from the world a - bove: Of - ten have Your eyes, of - fend - ed, thorn - en - cir - cled brow? Yet Your sin - less death has brought us hold Your cross a - new Till in glo - ry, part - ed nev - er



Text: Girolamo Savonarola, 1452–98; tr. Jane F. Wilde, 1826–96, alt.

Tune: Erbaulicher Musicalischer Christen-Schatz, 1745, Basel

Text and tune: Public domain

**Postlude** Postlude in D Major by Johann Kindermann

## Acknowledgments

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## **ANNOUNCEMENTS**

**GENEROSITY THOUGHTS:** John 3:16 – "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." This is perhaps the most well-known and beloved verse in the New Testament, for good reason. This simple Gospel message is the foundation for our whole life, including our new life in Christ. This new life is characterized by thankfulness and devotion to our Father who has provided for us so lavishly in Christ.

**EMMAUS EMAIL LIST:** We use email to send out weekly bulletins, monthly newsletters, and important notices about events at Emmaus. If you would like to be added to our email list, please reach out to Maria.

**ORDER YOUR EMMAUS GEAR TODAY!** It's not too late to order your Emmaus gear. We have extended the deadline for ordering to March 10th. Please submit your orders at church or online today.

**MARCH 18TH** is our next fun event as part of our 75<sup>th</sup> anniversary celebration. Please join us for an afternoon of quilt tying and game playing. <u>All ages are invited and welcome</u>. We have over 10 quilts to be tied so we need your hands. There will be games for the kids such as Pop the Pig, Don't Break the Ice, Hi Ho Cheerio and adult games such as Sorry, Sequence and Tri-onimoes. To join, come to church on the 18th starting at **3pm**, bring yourself, your family and an appetizer to share. Beverages will be provided. (Please sign up so we can make sure we have plenty of supplies for everyone.)

**FREE CONCERT:** The Wind Symphony from Concordia University Chicago will perform a concert of sacred and secular music at King of Kings Lutheran Church & School, 2330 North Dale St. in Roseville, on Tuesday, March 7 at 7 p.m. The concert is open to the public, and admission is free. The Wind Symphony, under the direction of Dr. Richard R. Fischer, has performed in 43 states, Canada, Europe, Asia and South Africa as well as twice at Carnegie Hall. The ensemble has commissioned and premiered numerous wind compositions and

produced 16 acclaimed recordings of sacred wind music.

**HEAR "THE LUTHERAN HOUR"** on Sunday mornings at 6:05 a.m. on WCCO 830 AM radio. Next week's broadcast: "Thirsting for Life" Guest Speaker: Rev. Dr. John Nunes. Jesus gives living water to those who are spiritually dehydrated. (John 4)

**ORPHAN GRAIN TRAIN HYGIENE KITS:** Help John1516s youth collect items for those in Turkey and Syria that have been affected by the recent earthquake and others around the world suffering from natural disasters. The following items are needed:

Bath towels, wash cloths
Bath-size bars of soap
Plastic soap box holders
Toothbrushes
Sturdy combs
Band-aids (1/2" or 3/4")
Small packages of facial tissues
Nail clippers
Strong ribbon or cord

<u>Please no additions or substitutions.</u> Thank you for sharing the love of Christ with others in need during this Lenten season.

**2022 GIVING STATEMENTS:** You will receive your contribution statement in the mail if your total contribution amount for 2022 is \$250 or more. Statements were mailed January 16. If your contribution to Emmaus was less than \$250, you did not receive the statement by early February, or you need a replacement copy of your statement please either leave a message on the Emmaus church phone or call Nancy W.

**LWML SPRING RALLY:** St. Paul Metro Zone invites you to the Spring Rally on April 15 at Jehovah Lutheran Church, 1566 Thomas Ave, St. Paul. Registration (fee: \$5) and refreshments are at 9 a.m. with the program from 9:30 to 11:30 a.m. "A Broom Is a Gift of God" Stories and insights from the mission field with speaker Dr. Richard Carter, missionary to Hong Kong. Gifts from the Heart: Used eyeglasses for MOST Ministries, and items for Phil's Friends cancer patients (puzzle books, journals, playing cards, fuzzy socks, hats, Walmart gift cards). If you are planning to attend please notify Beth S. by April 10: leave a message at 651-631-8956 or email stpaulmetrozp@mnslwml.org.

#### **Midweek Services in March**

#### **Lent Lunches at Emmaus**

Following the 11:30 a.m. midweek Lent services at Emmaus beginning March 1 please join us for a light lunch in the Social Hall, continuing each Wednesday through March 29. Come and enjoy good food and fellowship as we share our Lenten journey.

# **Lent Suppers at Bethel**

Bethel Lutheran will be hosting a supper prior to their midweek 7:00 Lenten worship service starting March 1. You're invited at 6:15 for a simple catered meal. \$5 per person. Please RSVP by Sunday of each week so we can order the correct amount of food. Email Bethel's office at blc@bethelstpaul.com or call 651-300-2642. March 8 we will have cheese and pepperoni pizza (RSVP by March 5). More meal options to come. Please join us!